





Warrenton Aquatic & Recreation Facility 800 Waterloo Road Warrenton, VA 20186 540-349-2520 www.warrentonva.gov

Welcome to the

Warrenton Aquatic and Recreation Facility!



Congratulations, you are now a member of the *George B. Fitch* Warrenton

Aquatic and Recreation Facility (WARF), a Town of Warrenton establishment.

We want to take every measure to ensure your time with us is the best it can be.

How to Reach Us

If you have questions, please feel free to stop by the Front Desk on your next visit or you may reach us ...



By Phone at 540-349-2520



By Email at warf@warrentonva.gov



On the Internet at www.warrentonva.gov (the WARF's pages are listed under the "Community" tab)



On your smart phone or tablet, simply scan the QR code to access us on the internet at www.warrentonva.gov under the "Community" tab

Welcome! Please take some time to review this guide to familiarize yourself with the WARF. This Guide is designed to introduce you to our facility and its amenities, programs, offerings, policies, rules and guidelines. You may start from the beginning of the guide or use the *Table of Contents* below to go directly to a specific section.

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How to "Stay in the Loop"

Email

We communicate the majority of important facility information to our members via email. If you provided your email address on your membership application, you should be good to go! If you don't start receiving emails from us, visit the Front Desk or give us a call to ensure we have your email address set up correctly.

Lobby TV Display

Make it a habit to glance over at the TV Displays located behind the Front Desk and in our main lobby every time you visit to see what's new at the **WARF**.

Monthly Newsletter

Members with a current email address and patrons on our email list receive our *Member Focus* Newsletter every month via email. We also post our most recent newsletters online on the <u>WARF Newsletters</u> web page. Print copies are available at the Front Desk as well.

Lap Lane Schedule

Pick up a *Lap Lane Schedule* (or download one from our <u>Facility Schedule</u> web page) to check out the availability of lanes in the Competition Pool. This schedule also includes upcoming swim meets and any associated facility closures and is scheduled to change without prior notification. Members can always confirm lap lane availability with our Front Desk staff.

Our Website

Visit the **WARF**website at
www.warrentonva.gov
under the
"Community" tab.

Our pages, their content and the smart phone/tablet QR codes are provided here to make navigating our website even easier!



NEWS & UPDATES:

Provides up-to-date information about promotions, special events, closures and special offerings.



FACILITY SCHEDULE:

Provides up-to-date information about closures, special hours, lane availability and special events.



ABOUT THE WARF:

Provides information about the **WARF** and the surrounding grounds.



HOURS:

Provides information about our standard hours of operation. Please check our Facility Schedule and News & Updates pages on our website for special hours and closures.



RATES/MEMBERSHIP:

Provides current rate information about our day passes, multi-visit passes, group fitness class passes and memberships.



FITNESS:

Provides information about our Fitness Offerings, Personal Training and current Class Schedules and brochures.



AQUATICS:

Provides information about our Aquatics Offerings, Private Lessons and current Class Schedules and brochures.



BIRTHDAY PARTIES:

Provides information about our Birthday Party Packages, Reservation Process and Group Rate Information.



CHILD CARE:

Provides our Becky's Corner Child Care policies, hours, rates and volunteer opportunities.



NEWSLETTERS:

Provides on-line access to our most recent Monthly Newsletters.



PARTNERS:

Provides contact information for our **WARF** Sponsors & Partners and gives information on how to become one.



Thank you for choosing the WARF! Look over the many perks membership affords, so you can take advantage of what we have to offer you.

Benefits of Membership

- Members have **unlimited access** to the facility during normal hours of operation.
- Membership pays for itself in less than 2 visits per week.
- Group Fitness classes and Water Fitness classes are complimentary for members (excludes Specialty Classes.) Discounted member pricing is available for our Fitness Specialty Classes.
- Membership includes a free Introductory Fitness Training Session. Sign up at the Front Desk.
- As a member of the WARF, you are supporting a community facility that serves as a center for social activity and better well being. The WARF also hosts a number of community and sporting events, many of which bring out of town guests that help stimulate our local economy.
- Members receive at least one **FREE** *guest pass* upon membership purchase to give to a friend or family member.
- Upon Membership purchase, members are also given a one time opportunity to purchase **3 personal training sessions for only \$99** (a significant savings over regular pricing.)

<u>Important Notes for Members</u>

- Members must present their key-tag scan card upon entering the facility.
- Member pictures will be taken at the time of purchase and will be attached to the members electronic membership file. The picture will serve as identification upon entry into the facility.
- Please make sure the WARF has all of your current contact information, including e-mail address. Important member information including facility closures, coupons and notifications are often communicated through e-mail.

Facility Usage

At the **WARF**, our first priority is always the safety and comfort of our guests. In order to ensure this, we ask that our facility policies be noted and followed at all times. Policies for each area of the facility are included in the **About the WARF** section of this guide and are also clearly posted in their designated areas. Overall rules and guidelines for the **WARF** at-large, state that the following are not permitted:

- Smoking, smokeless tobacco & alcoholic beverages;
- Chewing gum;
- The consumption of food in the fitness or aquatics areas;
- Glass and breakable objects;
- Inappropriate behavior and offensive language; and
- Commercial activity/for profit activities without prior written approval from the facility director(s). Examples of these activities include, but are not limited to, personal training, swim instruction, massage therapy, team training, coaching, etc. Solicitation for future performance of these types of commercial activities on the premises without prior approval is also prohibited. Only WARF personnel may act as personal trainers or instructors, on land or in the water.

Facility Usage Entrance Rules & Guidelines

- Patrons of the facility should follow specific usage policies and age requirements as posted in each area.
- Patrons should wear appropriate shoes and attire as specified in facility areas.
- Only members and daily admission guests are permitted beyond the lobby area.
- Facility etiquette should be observed and courtesy should be demonstrated toward others.
- Personal belongings are the responsibility of each patron. Patrons must provide their own locks or borrow/purchase one from the Front Desk to secure their personal items in the locker rooms. The WARF is not responsible for lost or stolen items.
- Any injuries, accidents, incidents or equipment problems should be immediately reported to facility staff.
- Guests under the age of 12 must be accompanied and supervised by a chaperone who is at least 16 years of age while in the facility.
- Children 15 and under are not permitted in the Fitness Room. Teens 13-15 may complete a Parent/Teen Orientation to gain access to the Fitness Room when accompanied by a parent/guardian.
- Children 5 and under must be accompanied by a paying adult in swimsuit attire within arm's reach in the pool at all times.
- Floaties and inner tubes are not permitted in the pools. Only U.S. Coast Guard approved floatation devices are permitted.
- Patrons should follow specific usage policies and age requirements as posted in each activity area.
- Only re-sealable, non-breakable mugs/bottles and/or plastic containers for water and soft drinks are allowed within the facility.

About the WARF



The *Town of Warrenton* opened the **Warrenton Aquatic and Recreation Facility (WARF)** in September 2007 as a response to the growing recreational needs of its population of families and active adults and seniors. The **WARF** is a 59,738 square foot building featuring an indoor Competition Pool, a Leisure Pool, a Fitness Room and a Multi-Purpose Room. In addition, the facility also has locker rooms and rooms available for party rentals on our Aquatics Level. The **WARF** also offers free Wi-Fi to our patrons in our facility lobby. Below you will find a complete listing of the facility amenities at the **WARF**.

Competition Pool



The <u>Competition Pool</u> is a 25 yard-by-25 meter, 364,000 gallon indoor lap pool featuring 11 lanes. In addition to lap swimming, it is used as a competition pool for Swim Meets as well as the location of many of our *Aquatics & Fitness* programs including *Learn to Swim Lessons, the* **WARF** Swim Club, High School & Summer Swim Team Prep and many of our Water Fitness Classes.

Click here to review the Competition Pool Rules

Click here for the **WARF** Facility Schedule page's QUICK LINKS, which includes the current **Lane Availability Schedule.**

Leisure Pool



The <u>Leisure Pool</u> area includes a 3,600 gallon therapeutic spa as well as a 68,000 gallon leisure pool with a water slide, lazy river, vortex and a zero depth entry for easy entrance by toddlers, seniors and those in wheel chairs. The **WARF** provides both *Aquatic* & *Fitness* Programs in this pool as well.

Click here to review the Leisure Pool Rules
Click here to review the Water Slide Rules
Click here to review the Spa Rules

Fitness Room



The **WARF** has a 3,200 square foot fitness room equipped with upright and recumbent cycles, treadmills, elliptical trainers, circuit training gear and free weights.

The **WARF** offers an *Introductory Training Session*, which is free for members, to introduce you to the equipment in the <u>Fitness Room</u> and help you put together a fitness routine for you to use when you visit. Sign up for a session at the Front Desk.

Click here to review the Fitness Room Rules

Multi-Purpose Room



The **WARF** offers over 55 land and water group fitness classes weekly, as well as specialty fitness classes for those of all abilities. Most of the *Land Fitness classes* are held in the **WARF**'s <u>Multi-</u>Purpose Room located on the main level.

The current *Group Fitness Class Schedule* and the current *Fitness Specialty Classes* are included in the WARF Fitness page's QUICK LINKS.

Click here for the **WARF Fitness** page.

Locker Rooms



The WARF provides locker rooms for both genders as well as Family Changing Areas; all located on the lower Aquatics Level. Personal belongings are the responsibility of each patron. Patrons must provide their own locks or may purchase or borrow one from the Front Desk to secure personal items in the locker rooms. The WARF is not responsible for lost or stolen items.

Click here to review the **Locker Room Rules**

Party Rooms



The **WARF** offers two rooms on our Aquatics level that can be reserved to host your next party.

The *Aquatic Level Party Room* can accommodate up to 30 people and features a private restroom, tables and chairs.

The Aquatic Level Studio can accommodate up to 20 people and is appropriate for ages 8 and older due to its proximity to the Competition Pool. Table and chairs are provided.

Click here for our **WARF** Birthday Parties page for more information

Fitness Pit



The Fitness Pit (a.k.a. the Fit Pit) is an exercise area located outside the WARF that has a variety of workout equipment. It is free to use and open to the public when classes are not in session. The WARF also conducts seasonal Specialty Group Fitness Classes in the Fitness Pit.

Our *Specialty Fitness Classes* that may include <u>Fit</u> <u>Pit</u> classes are included on the **WARF** Fitness page's QUICK LINKS.

Click here for the **WARF** Fitness page.

Becky's Corner



Becky's Corner is a child care room located off the Fitness Room at the WARF that will allow adults with children to take classes, workout or swim while their child spends time in a clean, safe and child friendly environment for up to 2 hours per day. REGISTRATION is required to use the Child Care service at the WARF. The process is simple and can be done at the Front Desk before your first drop-off at Becky's Corner. Click here for Becky's Corner Policies.

<u>Click here for the WARF Child Care page for more information about policies, hours of operation and fees.</u>

Spectator Seating



The <u>Spectator Seating</u> area offers a birds-eye view of our Competition Pool and may be accessed from the **WARF**'s main level. Whether watching your child in a swim lesson or watching a competitive swim meet, the <u>Spectator Seating</u> area gives you the opportunity to see all of the action from above the pool deck.

Warrenton Sports Complex



The park area surrounding the WARF (the Warrenton Sports Complex) features seven rectangular playing fields, paved hiking paths, an inline skating rink and skate park, and the Claude Moore Fun For All Playground.

Click here for the Warrenton Sports Complex Trail Map.

Fun For All Playground



The <u>Claude Moore Fun For All Playground</u> was constructed for all children, with particular focus on accessibility for children with disabilities. The park is designed to help all children with physical, social and psychological development and provides a place where children of differing abilities and their families can come together and have fun. Playground usage is free.

The playground is located adjacent to the **WARF's** *Veranda,* an outdoor patio area with picnic tables that runs along the building exterior outside of our pools.

The *Veranda* may be reserved for special events, <u>visit</u> our **Birthday Parties** web page for more information.

Hours of Operation

WARF Standard Hours of Operation

Fall/ Winter/ Spring

Competition Pool &

Fitness Room

 Monday–Friday
 5:00am – 8:45pm

 Saturday
 8:00am – 5:45pm

 Sunday
 12:00pm – 5:45pm

Leisure Pool

Monday-Friday 9:00am -8:45pm Saturday & Sunday 12:00pm-5:45pm

Spa

 Monday–Friday
 9:00am – 8:45pm

 Saturday
 8:00am – 5:45pm

 Sunday
 12:00pm – 5:45pm

Water Slide

Friday 4:00pm – 8:45pm Saturday & Sunday 12:00pm–5:45pm

Summer

Competition Pool &

Fitness Room

 Monday–Friday
 5:00am – 8:45pm

 Saturday
 8:00am – 5:45pm

 Sunday
 12:00pm – 5:45pm

Leisure Pool

Monday–Friday 9:00am – 8:45pm Saturday & Sunday 12:00pm – 5:45pm

Spa

 Monday–Friday
 9:00am – 8:45pm

 Saturday
 8:00am – 5:45pm

 Sunday
 12:00pm – 5:45pm

Water Slide

 Monday–Thursday
 1:00pm – 5:45pm

 Friday
 1:00pm – 8:45pm

 Saturday & Sunday
 12:00pm – 5:45pm

Click on the facility areas <u>underlined</u> above to review the applicable area usage rules.

Important Information you should know before your visit:

- 10 minute safety breaks occur on the :50 prior to each hour in our pools.
- Spa usage is limited to those 16 years of age and older.
- Children aged 5 and under and all children less than 48" tall who are not proficient swimmers must be accompanied by a supervising adult in swimsuit attire within arm's reach in the pool.
- Full and/or Partial Pool & Facility Closures may be scheduled for classes, holidays, special events or maintenance. Please check our WARF News & <u>Updates</u> and <u>Facility Schedule</u> web pages at <u>www.warrentonva.gov</u> under the "Community" tab for the latest information.

Facility Closures

The **Warrenton Aquatic and Recreation Facility** reserves the right to close any or all of the facility for holidays, special programs and special events, including swim meets and competitions. Planned closures will be communicated in advance with facility announcements & flyers, on our Lobby TV Displays, on the <u>News & Updates</u> page of our website, through member emails and in the **WARF**'s monthly newsletter, "Member Focus." Additionally, the facility may close for up to 2 weeks per year for annual required maintenance and repairs.

Holidays:

The **WARF** will be **closed** on the following holidays:

New Year's Day Easter Independence Day Thanksgiving Day Christmas Day

The **WARF** will **close early** on the following holidays:

Thanksgiving Eve at 5:45pm Christmas Eve at 12noon New Year's Eve at 3:00pm

The **WARF** will operate on *Special Holiday Hours* from 8:00am – 5:45pm on the following holidays:

Memorial Day Labor Day

The **WARF** will have *Special Slide Hours* from 1:00pm – 5:45pm on the following holidays:

Martin Luther King Day
President's Day
Spring Break for Fauquier County Public Schools
Memorial Day
Labor Day
Columbus Day
Christmas Break for Fauquier County Public Schools

Inclement Weather:

In the case of inclement weather, please call the **WARF** at 540-349-2520 for inclement weather announcements (option 8 on our automated attendant phone service.)

We will also post closures, delayed facility openings, early facility closures and/or Program/Class cancellations on www.cancellations.com. At www.cancellations.com, search under the org name: warf. On this site, you may choose to set up automatic email notifications when the warf posts an announcement.

Aquatic Services & Programs



learn to swiff Classes

Specialty Aquatic Classes

Private & Semi-Private Lessons

Certification Courses

American Red Cross swim lessons are available for all ages 6 months to adult for all levels. Lessons are available on a first come first served basis. Current Class Schedules are available at the Front Desk and on our website.

Click here for the **WARF** Aquatics page QUICK LINKS to access our current Class Schedules.

The **WARF** offers a variety of Specialty Aquatic Classes including certification courses: *High School Swim Team Prep, Summer Swim Team Prep, WARF Swim Club, Junior Lifeguard Programs, Home School Programs* and more (class offerings vary by season.)

<u>Click here for the WARF Aquatics page QUICK LINKS to access our current Class Schedules.</u>

Receive private or semi-private swimming instruction from one of our certified Water Safety Instructors. Our instructors are able to recognize your current ability level and special needs while guiding you on proper form and techniques. Why not get the best information right from the start to help you or your child improve safely and achieve measurable results?

<u>Click here for the WARF Aquatics page QUICK LINKS to access</u> our Private Swim Lessons Brochure.

American Red Cross Lifeguard, Water Safety Instructor (WSI) and CPR certification courses are available periodically throughout the year. Class schedules will be available at the Front Desk and on our website.

<u>Click here for the **WARF** Aquatics page QUICK LINKS to access our current Class Schedules.</u>

Important Aquatics Information:

- Approved swim attire is required in either of the WARF's pools. <u>Click here to review the Approved Swimwear Guidelines.</u>
- Please note that although Water Aerobics and Water Walking classes take place in the water, they are, in fact, considered Group Fitness Classes, NOT aquatics classes. Please refer to our Group Fitness schedules for information about these and other water fitness classes we offer. The current Group Fitness Schedule is available on the WARF Fitness page QUICK LINKS.

Fitness Services & Programs

Introductory Training Session

First-time members are entitled to one free Introductory Training Session where they meet with a **WARF** trainer to learn how to use the cardio and strength training equipment in the fitness room. Stop by the Front Desk to register for your session!

Group Fitness ciasses

classes. Water classes and 11:30am weekday classes are nice options for those who are new to exercise or have physical limitations. All classes except Specialty Classes are included in membership. Teens aged 13 and older are permitted in Group Fitness Classes with the exception of our Body Pump classes. Current Schedules are available at the Front Desk and on our website.

The **WARF** offers a variety of land and water Group Fitness

Fitness specialty Classes

Click here for the WARF Fitness page QUICK LINKS to view our current Group Fitness Class Schedules.

The WARF offers a variety of Fitness Specialty Classes that you may sign up to take. Members receive discounted rates on Specialty Classes: TRX, Boot Camp, Aqua Boot Camp, Flow Yoga, Vinyasa Yoga, Outdoor Fit Pit and more (Note: Class offerings vary by season.)

Personal Training

Click here for the WARF Fitness page QUICK LINKS to view our current Specialty Class Schedules.

Maximize your health and physical potential with customized attention from one of our certified personal trainers. Our trainers are able to recognize your current ability level, health concerns and special needs and guide you on proper form and techniques. Why not get the best information right from the start to help you achieve measurable results?

ness Assessment

Click here for the WARF Fitness page QUICK LINKS to view our Personal Training Brochure to get started!

Work with a certified personal trainer to evaluate your fitness level in several important categories. At the completion of the evaluation, your trainer will recommend a fitness program designed to meet your individual goals.

rent/Teen Certification

Click here for the WARF Fitness page QUICK LINKS to view our Personal Training Brochure to schedule yours!

Children 15 & under are not permitted in the Fitness Room. Teens 13-15 may complete a Teen/Parent Training Orientation in order to gain access to the Fitness Room when accompanied by an adult.

Click here for the WARF Fitness page QUICK LINKS to view our Personal Training Brochure to schedule.

Financial Fees & Conditions

Monthly Billing Service Charge

Annual Members electing to have fees charged to a VISA or MASTERCARD on a monthly basis will be assessed a \$5.00 monthly fee per month per membership (Family or Individual Membership.) A \$60 processing fee is also due at the time of purchase.

Administrative Processing Fees

An administrative Processing Fee of \$20.00 will be charged to perform any of the following adjustments/changes:

Membership Downgrades

Changes to memberships resulting in a lower price, such as, the removal of person(s) and or changing from one membership type (e.g. Non-Resident to Resident) to another will be charged a Processing fee.

Early Membership Cancellation

Requests for early membership terminations will be reviewed and approved only in special cases. Additional documentation may be required. If approved, a Processing fee must be paid prior to the termination of the member's contract. Early Termination Requests must be made in writing on a **Customer Service Request Form.**

Transfer/Refund Processing Fee

Requests to transfer memberships or passes or to transfer between activities and classes will be reviewed on a case-by-case basis. If approved, a processing fee may be assessed. In either case, a Transfer or Refund Request must be made in writing on a **Customer Service Request Form.**

Membership Freeze

Members may request a freeze on their membership for non-medical reasons for a minimum of 30 days not to exceed 90 days and will be charged an Administrative Processing fee. Medical related membership freezes will not be charged the processing fee, however, supporting documentation will be required with the request. In either case, requests must be made in writing on a **Customer Service Request Form.**

New Scan Card/Key Tag

Lost or stolen keytags can be replaced for a fee of \$10.00.

Returned Check/ Declined Credit Card Fee

A fee will be applied to each check returned by the bank for insufficient funds. A fee of \$25.00 may be applied to a declined credit card processed in the MONTHLY BILLING cycle. If the returned check or declined Credit Card results in an unpaid account, a membership suspension will result until the account is paid and current.

Facility Rental Clean Up Fee

The renter of a programable/rental space may be assessed a minimum surcharge of \$100.00 for Event clean up. If a space is not left in a clean and orderly condition, when no Clean Up Fee was assessed up front, the renter will be billed a minimum amount of \$100.00 Clean Up Fee. Facility Use and priveleges will be suspended until past due balances are paid in full.

Late Registration Fee

Registering for **WARF** programs after a designated registration deadline will result in a late registration fee of \$10.00.

Facility Area Rules

Fitness Room Rules

- Be courteous to others and refrain from using offensive language and inappropriate behavior.
- Please wipe down equipment immediately after use with disinfectant wipes provided.
- All patrons are entitled to equal participation. During peak hours, please limit cardio machine
 use to 30 minutes maximum.
- Wear appropriate closed toe athletic shoes and fitness attire.
- Water and sport drinks must be in re-sealable unbreakable containers only.
- Keep floor areas clear; day lockers are available for storing belongings. You may bring your own lock or purchase or borrow one from the Front Desk.
- Return weights to their proper places after use.
- Children under the age of 16 are not permitted in the Fitness Room, with the exception of those who have completed a parent/teen fitness certification.
- Youth age 13-15 must complete parent/teen fitness room certification class and be accompanied by a parent/guardian at all times in order to gain access to the Fitness Room.

Locker Room Rules

- The Warrenton Aquatic and Recreation Facility is not responsible for lost or stolen articles.
- Personal belongings should be secured in lockers.
- Lockers are for daily use only and may not be used to store items overnight. Any locks left on overnight will be cut off.
- ALL patrons must shower before entering pool or spa facilities.
- · A family dressing room is available to anyone who may need assistance changing.
- Use Family Changing Room if assisting opposite gender children over 5 years of age; please contact the Facility Staff for assistance, limit use to 10 minutes.
- Children 6 years of age and older are required to use the locker room/restroom of their gender.
- Do not use razors or shaving items in the showers.
- No Loitering.
- Please refrain from using mobile phones, cameras, and any other recording devices.
- Patrons are urged to report any illegal or suspicious behavior to the front desk or lifeguard staff supervisor.

Water Slide Rules

- Patrons must be 48 inches tall to access to the water slide.
- Only one patron is permitted on the slide at a time.
- Patrons using slides must ride feet first, lying down on their backs.
- After sliding, patrons must exit the landing area immediately. Catching patrons at the bottom of the slide is prohibited.
- Each patron must wait for instructions before entering the slide.
- Stopping or stalling on the water slide and other conduct that may endanger another patron is prohibited.
- Patrons may not take, or ride on any rafts, flotation devices, goggles or other objects while riding the slide.
- Swimsuits with rivets or other metal fasteners are prohibited.

Competition Pool Rules

- ALL patrons must shower before entering the pool.
- Patrons known or suspected of having a communicable or skin disease, open wounds, inflamed eyes, nasal or ear discharge, are not allowed in the pool.
- Appropriate swim attire is required. Thongs, athletic shorts, or street clothing are not permitted.
- Non-toilet trained children must wear tight fitting plastic pants or swim diapers.
- Only U.S. Coast Guard Personal Flotation Devises (PFD's) are permitted.
- Children under the age of 6 and all children less than 48 inches tall who are not proficient swimmers must be accompanied by a supervising adult in swim attire within arm's reach in the pool.
- Diving, pushing, back dives, flips and spins from the side of pool are prohibited.
- Pool items brought from home may be removed at the discretion of the aquatic staff if deemed unsafe, unserviceable, or if it otherwise interferes with the safety and comfort of other patrons.
- Lap swim in designated areas. When more than two swimmers are in a lane, circle swim counter- clockwise is required.
- Please report any accidents, injuries or incidents immediately to the staff.
- The Aquatic staff may prohibit any behavior deemed unsafe or disruptive.

Leisure Pool Rules

- ALL patrons must shower before entering the pool.
- Patrons known or suspected of having communicable or skin disease, open wounds, inflamed eyes, nasal or ear discharge, are not allowed in the pool.
- Appropriate swim attire is required. Thongs, athletic shorts or street clothing are not permitted.
- Non-toilet trained children must wear tight fitting plastic pants or swim diapers.
- Children under the age of 6 and all children less than 48 inches tall who are not proficient swimmers must be accompanied by a supervising adult in swim attire within arm's reach in the pool.
- Non swimmers should stay in beach entry area.
- Diving, pushing, back dives, flips and spins from the side of pool are prohibited.
- Noodles, floats, inflatable devices, or kickboards are not allowed in the pool unless they are being used in a WARF sponsored program.
- Only U.S. Coast Guard Personal Flotation Devises (PFD's) are permitted with adult supervision.
- Pool items brought from home may be removed at the discretion of the aquatic staff if deemed unsafe, unserviceable, or if it otherwise interferes with the safety and comfort of other patrons.
- Contact a Lifeguard if you need assistance.
- Please report any injuries, incidents or equipment problems immediately to staff.
- The Lifeguard staff may prohibit any behavior deemed unsafe or disruptive.

Spa Rules

- ALL patrons must shower before entering the spa.
- Patrons known or suspected of having a communicable or skin disease, open wounds, inflamed eyes, nasal or ear discharge, are not allowed in the spa.
- Appropriate swim attire is required. Thongs, athletic shorts, or street clothing are not permitted.
- You must be 16 years of age to use the spa.
- Observe time limit to avoid nausea, dizziness, fainting and heat stroke.
- Pregnant women and persons suffering from heart disease, diabetes, high or low blood pressure should consult with a physician prior to using the spa.
- Do not use the spa under the influence of any time of alcohol, drugs, anticoagulants, antihistamines, vasoconstrictors, vasodilators, stimulants, hypnotics, narcotics or tranquilizers.
- Submerging your head under the water is not advised; doing so increases the danger of hyperthermia.
- Enter and exit slowly and cautiously at designated access area only. No jumping or diving into the spa.
- Use of the swimming pool immediately after exiting the spa could cause symptoms of nausea or shock.
- No food or drink in or around the spa area.
- No sitting on the side of the spa.

Becky's Corner Child Care Policies

- Registration is required before your first visit. Child care registration card, photo ID and receipt of payment must be presented at time of child drop off.
- Child care is limited to a maximum of 2 hours per visit/per child/per day.
- Children between the ages of 2 months to 12 years are permitted in Becky's Corner.
- Food is NOT allowed in Becky's Corner.
- Drinks are permitted in non-breakable, sippy (no-spill) cups or bottles only.
- Parents/guardians must remain in the facility at all times.
- No child will be admitted with any symptoms of illness.
- Babies/toddlers should be fed and given a fresh diaper prior to entering the child care room. Older children should be taken to the rest room prior to entering.
- Parents/guardians are not permitted in the child care area other than for dropping off or picking up children.
- The same parent/guardian who drops off a child is responsible for picking up that child.
- All items left in child care room with child (bottles, bags) must be clearly labeled with the child's name.
- The WARF is not responsible for lost/stolen or broken items that are brought into the child care room.
- The WARF reserves the right to limit the number of children in Becky's Corner at any given time.
- The WARF reserves the right to remove children or limit future access to children who pose a danger to themselves or others.
- The **WARF** reserves the right to refuse admission to any child or parent who is unable or unwilling to adjust to *Becky's Corner* policies and/or continually causes problems.

Approved Swimwear Guidelines



Proper swim attire is required in both pools. The intent of enforcing a swim attire policy is to maintain a clean, safe and inviting environment for our patrons. Clothing, other than swim wear, can create problems with water clarity, disinfectant systems and filtration.















Approved Swim Wear Materials: Lycra, Spandex, Polyamide and Nylon



Swim Diapers



Diapers w/ plastic pants



US Coast Guard Approved Floatation Devices



Water Shoes



Cotton Shorts



Sports Bras



Underwear/Thongs Diapers w/o plastic pants





Denim



Basketball Shorts

Non-Approved Swim Wear Materials: Cotton Denim



Floaties



Street Shoes

Frequently Asked Questions

Does the facility provide towels?

The facility does NOT provide towels for pool use however, we do have for purchase, WARF beach towels for \$12.00 at the Front Desk. Gym towels are available to rent for \$1 at the Front Desk for Fitness Room use. We ask that you not bring these towels downstairs and that you place them in the towel drop (in the Fitness Room) before you leave.

Can I rent lockers and/or locker locks to secure my belongings?

We do not require that you rent locker space. Lockers are available for use in each locker room. We do highly recommend that you secure your belongings by using a standard combination or key lock. You may bring your own lock or locks may be purchased or borrowed at the Front Desk. You may NOT leave your lock on lockers overnight. The **WARF** is not responsible for lost or stolen items.

When can I come and swim laps?

Swim lanes are always available for lap swim when the Competition Pool is open. The pool may be busier during swim team practices and swim lesson times. These times and an up-to-date *Lap Lane Schedule* is always available at the Front Desk and on our *Lap Lane Schedule* on our <u>Facility Schedule</u> webpage. Any pool or facility closings will also be posted in advance at the Front Desk.

Can I bring guests who are not members?

Yes. Your guests will simply pay the Day Pass Rate according to their residency. If you would like your guest to join you in a Group Fitness class, then that person would simply have to pay a drop-in fee for the class.

Can I bring food into the facility?

Yes, you may bring food, but we ask that you eat only in the main lobby. Beverages are allowed throughout the facility but must be kept in re-sealable, non-breakable containers.

Can I cancel my membership early?

Memberships are non-refundable, however, exceptions may be made in extenuating circumstances to freeze, extend or cancel memberships and are considered on an individual basis. To formally request a membership change, the member must complete a *Customer Service Request Form*; available at the Front Desk.

Does the facility ever have planned closures?

Yes, a full listing of our holiday closures and special hours is included in this guide for your reference. In addition, the Competition Pool and facility closures due to WARF programs, maintenance and special events, including swim competitions, will be communicated in advance in the main lobby, in the **WARF** newsletter, on the **WARF** News & **Updates** web page and sent to our members via email.